

# Cost of living

To give you an idea of the living expenses for a student in Norway, we have put together a budget for one academic year. All prices are approximate and in NOK.

## Living expenses

Living expenses	Per month	Per year
Food	3000	36000
Accommodation	5000	60000
Phone expenses	200	2400
30 days bus ticket (student discount)	315	3780
Hygienic products	600	7200
Sports center membership (pre-paid one-year contract)	269	3228
Other (unexpected expenses)	300	3600
Semester fee (per semester)	825	1650
Textbooks (per semester)	1500	3000
Trip to buy room supplies (duvet, pillow, sheets, kitchen utensils etc.)	1700	1700

## Examples of the approximate cost of certain common items and entertainment

Bread	25 – 50	Bottle of beer (shop)	30
1kg cheese	105 – 200	½ liter beer at pub (student price)	80 (45)
1kg chicken	120 – 180	Bottle of wine (shop)	120 – 300
1kg fish	50 – 300	Meal at a restaurant per person	150 – 300
½ kg ground beef	75	Meal at campus canteen	40 – 120
1kg bananas	25	One-way bus ticket (student)	42 (21)
1kg apples	30	Ticket to the cinema	160
1kg potatoes	25	1 liter gas	20 – 25
2kg rice	35	Taxi (10km)	350